



Reducing tension and improving  
productivity in relationships

## Managing Relationships with Others Workshop Description

### Overview

Participants will learn how to interact more effectively with others through self-assessment of their communication style preferences. A personal profile will assist with planning for improved communication as an individual. Tools and techniques will be learned and practiced that reduce tension and improve productivity in relationships.

### Objectives

Upon completion of this workshop participants will be able to:

- Distinguish among four main interpersonal communication styles.
- Identify the strengths and limitations of each interpersonal style.
- Identify how your own style influences how others respond to you.
- Adapt your own communication style to more effectively influence another person.
- Develop a plan to address a difficult interpersonal relationship on the job.

### Learning Methods and Delivery

*Managing Relationships with Others* utilizes the latest in adult learning methodology including large and small group discussion, an interpersonal styles profile and individual application using real on-the-job examples.

*Managing Relationships with Others* can be delivered by our facilitators or certified client facilitators.

### Target Audience

All employees

### Learning Time

3 - 4 hours

### Class Size

Typical class size 12 to 20



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