



Identify and analyze ways that people limit or disempower themselves

## Personal Accountability Workshop Description

### Overview

In this workshop all employees (including managers) learn techniques to overcome personal accountability challenges. Participants deal with a series of "milestone" activities that challenge their thinking and test their assumptions concerning mindsets, attitudes, choices, actions and ultimately productivity.

Participants learn how to identify and analyze ways that people limit or disempower themselves. *Personal Accountability* offers concrete steps that enable participants to personally develop the attitudes and skills necessary to build and sustain a successful work environment.

### Objectives

Upon completion of this workshop participants will be able to:

- Compare and contrast victim mindsets and accountable mindsets.
- Make the choice to demonstrate accountable mindsets.
- Apply accountable mindsets to their personal and professional lives.
- Identify four important roles relating to accountability: Contributor, Counselor, Challenger, Champion.

### Learning Methods and Delivery

*Personal Accountability* includes presentations, large and small group discussion, individual assessment and application practice to reinforce the concepts and skills taught.

*Personal Accountability* can be delivered by our facilitators or certified client facilitators.

### Target Audience

All employees

### Learning Time

4 hours

### Class Size

Typical class size 12 to 20



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